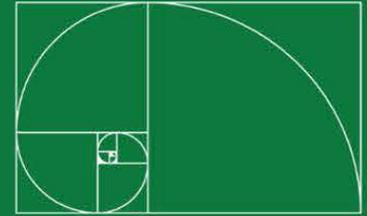




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## PRODUCT INFORMATION

Artichoke Cynarin Extract

Vesta Ingredients has been a leader in the nutraceuticals industry for over 30 years. The superior quality of Vesta Brand's raw ingredients has ensured the success of our clientele.



### What is CholeFree ACE™?

CholeFree ACE™ is an Artichoke Cynarin Extract (ACE). This botanical extract is obtained from the common food Artichoke *Cynara scolymus*. This Artichoke is typical of the Mediterranean diet and has been used for centuries for its potential medicinal properties. The bioactive Cynarin is known for supporting cholesterol metabolism and liver function with digestion-enhancing properties.\*

### About CholeFree ACE™:

CholeFree ACE™ is Artichoke Cynarin Extract supplement with benefits for Cholesterol and Cardiovascular health. Cynarin is known to affect Cholesterol metabolism. Studies show that Cynarin can reduce total and LDL (bad) cholesterol while potentially increasing HDL (good) cholesterol<sup>†</sup>. In addition, Cynarin promotes bile production, helps protect liver cells, and supports detoxification processes.

### CholeFree ACE™ Benefits:

- Cholesterol Management
- Liver Health Digestive Health
- Blood Pressure Regulation
- Antioxidant Properties



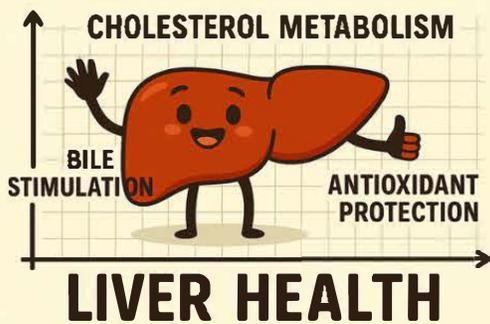
Cynarin research demonstrates benefits for Cholesterol and Liver health. Cynarin aids Digestion by stimulating bile flow and fat digestion to relieve GI and Abdominal issues. Liver health is supported to address Metabolic-Associated and Non-Alcoholic Fatty Liver Issues. CholeFree ACE™ with Cynarin also helps regulate Blood Pressure, Blood Sugar, and is rich in Antioxidants.

### Why CholeFree ACE™?

CholeFree ACE™ is an all-natural standardized Artichoke Cynarin Extract with clinical benefits of lowering cholesterol and protecting the liver. Cynarin is known to stimulate bile secretion which regulates hepatocellular processes and eliminate toxins and excess cholesterol. Cynarin Bile secretion supports Fat Digestion and Nutrient Absorption to minimize inflammation, oxidative stress, and liver injury.



\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**CholeFreeACE™**  
Artichoke Cynarin Extract



by: **Vesta**



**Vesta Nutra**

## Supports:

- Lipid Metabolism and Lower Cholesterol
- Liver and Hepatocyte Protection
- Fat Digestion and Nutrient Absorption

## Mechanism of Action:

Cynarin enhances bile flow, which improves fat digestion and nutrient absorption. Like a Mediterranean Diet, the Artichoke has been consumed for generations with positive health outcomes. Cynarin stimulates bile production (Cholagogue) and aids in fat digestion, aligning with the diet's emphasis on healthy fat metabolism (like olive oil and fish). CholeFree ACE™ supports gut health, digestion, and cholesterol regulation.

## Summary:

CholeFree ACE™ Artichoke Cynarin Extract supports liver health by stimulating bile production to aid in fat digestion and detoxification. CholeFree ACE™ may help lower LDL cholesterol and improve overall lipid profiles due to its antioxidant and cholesterol-processing properties. Additionally, Cynarin contributes to digestive comfort and may reduce abdominal issues.

In summary, Artichoke Cynarin Extract provides antioxidative, hepatoprotective, choleric, anticholestatic, and antidyspeptic benefits.

## Specifications:

- Dose 200-400 mg per day
- Tablets, Capsule, Powders, Sachets
- Foil Bag Packages available
- Bulk Powder for Food, Drink, Yogurt, Gummies, Snack bars

CholeFree ACE™ Artichoke Cynarin Extract supports bile production in the liver (a choleric effect), which enhances fat digestion, cholesterol excretion, and liver detoxification. The potent antioxidant activity protects liver cells from oxidative stress and LDL oxidation. Additionally, other polyphenols present help regulate lipid metabolism and improve digestive comfort.

† Olas, B., Nutrients, 2024. An Overview of the Versatility of the Parts of the Globe Artichoke (*Cynara scolymus* L.), Its By-Products and Dietary Supplements. <https://doi.org/10.3390/nu16050599>

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